

Anglsey Gwyndy Bach Garden

Rosa Andrews

Bara Brith recipe.

1 CUP SUGAR  
1 CUP MILK  
4 OZ MARGARINE OR BUTTER  
12 OZ MIXED FRUIT

MELT THE ABOVE INGREDIENTS IN A SAUCEPAN, THEN BOIL FOR 4 MINUTES  
COOL SLIGHTLY

THEN ADD  
8 OZ SR FLOUR  
1 TEASPOON BICARBONATE OF SODA  
2 WELL BEATEN EGGS.

PLACE MIXTURE IN A 2 LB LOAF TIN  
COOK FOR 45 MINS TO 1 HOUR AT 180C